



NBMT2025 CONFERENCE

Nordic Blood and Marrow Transplant Nurses

November 6–7, 2025 | Reykjavík, Iceland | Hotel Natura

Registration: 2025nbmt.wordpress.com

SCHEDULE

NOVEMBER 6TH

- 08:30** Registration + Coffee
- 09:00** Conference opening
- 09:10** **CAR-T: The treatment, patient selection and side effects** Róbert Pálmason, consultant hematologist and specialist in stemcell transplantation at the stem cell transplantation unit in Lund, Sweden
- 10:00** Coffee - Visit the Exhibition (sponsors)
- 10:30** **Nursing support for patients with CAR-T** Matthias Hellberg-Naegele, Advanced Practice Nurse for cellular therapies - HOCH Health Ostschweiz, Cantonal Hospital St. Gallen Switzerland
- 11:15** **Learn by doing** Stress less - Practical tool for everyday worklife
- 11:30** Lunch - Visit the Exhibition
- 12:45** **Supportive Digital Health Service During Chemotherapy** Kristín Skúladóttir RN, MSc, Quality manager at Landspítali Iceland
- 13:15** **Rehabilitation in Ljósið Cancer Rehabilitation Center Pre and Post Stem Cell Treatment** Guðrún Friðriksdóttir, occupational therapist, Kristín Huld Gísladóttir, clinical psychologist. Ljósið - Cancer Rehabilitation Centre Iceland
- 13:45** Coffee - Visit the Exhibition (sponsors)
- 14:15** **Oral medicine in HCT patients** Stefán Pálmason, dentist and oral medicine specialist
- 14:45** **Patient experience - Tandem autologous treatment** Sunna Kristín Hilmarsdóttir

NOVEMBER 7TH

- 09:00** **New developments in treatment of Multiple Myeloma and iStopMM - a national initiative to combat multiple myeloma** Sigurður Yngvi Kristinsson Hematologist at Landspítali and professor at the University of Iceland
- 09:45** Coffee - Visit the Exhibition (sponsors)
- 10:15** **Bispecific Antibodies in Hematology** Matthias Hellberg-Naegele, Advanced Practice Nurse for cellular therapies - HOCH Health Ostschweiz, Cantonal Hospital St. Gallen Switzerland
- 11:00** **Navigating Life After Cancer: Insights from the Late Effects Center at the Children's Hospital in Iceland** Vigdís Hrönn Viggósdóttir, Clinical Nurse Specialist, Landspítali - Iceland
- 11:30** **Learn by doing** Stress less - Practical tool for everyday worklife
- 11:45** Lunch - Visit the Exhibition
- 12:45** **Health Assessments in Allo HCT: Exploring Their Role in Person-Centered Conversations** Cecília De Carvalho RN & PhD-student, Hematology Department, Skane University Hospital, Lund Sweden
- 13:30** **Symposium sponsored by Sanofi: Graft versus Host Disease (GVHD) nursing: 30 years of practice.** Mari-Louise Römbo, University Hospital Lund & Pauline Gustafsson, Karolinska University Hospital, Sweden
- 14:00** **Ethical issues** Hallgerður Lind Kristjánsdóttir, Hematologist at Landspítali
- 14:30** Closing remarks

Dinner and entertainment at Jorgensen Kitchen and Bar, november 6th at 18:30 - included in the conference fee.

